

Date of specific diagnosis: PROGRESS/FINAL MEDICAL REPORT IN RESPECT OF A WORK-RELATED UPPER LIMB DISORDER (WRULD)

Claim number: []

Compensation for Occupational Injuries and Diseases Act, 1993 (Act number 130 of 1993) (Section 6A(b) – Commissioner's rules, forms and particulars – Annexure 26) This form must be completed by a medical practitioner and sent to the Compensation Commissioner, P O Box 955, Pretoria, 001



Employee: Surname: [] Identity number: []
First names: []
Address [] Code: []
Employer [] Code: []
Address [] Code: []
Specific diagnosis [] Date of specific diagnosis: []

A. CURRENT CLINICAL CONDITION OF EMPLOYEE (Complete this section)

1. Since the previous Medical Report, is there an improvement in the severity of the symptoms the employee is experiencing and clinical signs found on examination? ** Explain
Yes No
[]
[]
[]

2. Describe how the employee's condition has been managed since the previous report (mention dates of procedures, tests, etc.) in terms of the following:
a. Medically (e.g. medication, surgery, etc.) []
[]
[]
b. Functionally (e.g. rehabilitation, etc.) []
[]
[]

B. COMPLETE THE FOLLOWING SECTION ONLY IF THE EMPLOYEE IS CURRENTLY NOT WORKING DUE TO THIS CONDITION

3. Is the employee still in the employment of the above-mentioned employee? If yes, answer the following questions: Yes No
a. Since when is the employee not working because of this occupational disease? (Date) []
b. When do you expect the employee to return to work? (Date) []
c. Will the employee be returning to his/her usual job? ** Yes No
i. If yes, are there any task adaptations? Yes No If yes, please explain (e.g. job rotation, shorter hours)
[]
[]
ii. If yes, are there any equipment adaptations? Yes No If yes, please explain (e.g. extended handle on tool used)
[]
[]
d. Is the employee returning to an alternate position? ** Yes No If yes, is this position TEMPORARY or PERMANENT? **
e. What arrangements have been made with the employer regarding the employee's re-introduction to work (e.g. work hardening, shorter hours, etc)?
[]
[]

* Delete which is not applicable ** Encircle the correct answer Please turn over and complete reverse side.

4. Was the employee off work for more than two days due to this condition? ** Yes No
 If yes, the period the employee was not at work, was to (Dates)
 from (inclusive)
5. Has the employee turned to his/her usual job? ** Yes No
 a. If yes, are there any equipment adaptations? ** Yes No If yes, please explain (e.g. job rotation, shorter hours)

 b. If yes, are there any equipment adaptations? ** Yes No If yes, please explain, (e.g. extended handle on tool used)
6. Has the employees returned to an alternate position? ** Yes No If yes, is this Temporary or Permanent?

If yes, then analyse the job that the employee has returned to in terms of the risk factors below:

Risk factor	Percentage of working day	Briefly describe the job task where this risk factor occurs and quantity in terms of repetitions/duration/strength required/range of movement, etc
Repetitive movements		
Movements requiring force		
Movements at the extreme of reach		
Static muscle loading		
Award sustained postures		
Contact stress		
Vibration		
Low temperatures		

7. Did the employee receive a planned re-introduction when returning to work? ** Yes No
8. Are you aware of any adaptation to the workplace that are planned/implemented by the employer to prevent other employees from developing WRULDs? ** Yes No
9. Are you aware of an occupational health programme that is in place to assess the health risks causing WRULDs and to do adequate medical surveillance and health education? ** Yes No
10. Are you aware of a company policy to address WRULDs? ** Yes No

D PROGNOSIS (Complete this section)

11. Has the employee's condition been optimally managed since the previous Medical Report in terms of medical treatment and actions taken in response to the functional capacity and job analysis/ergonomics assessments? If no, please explain. Yes No
12. a. Has the employee's condition become stabilised (i.e. reasonable medical intervention will not improve the employee's condition?) Yes No
- b. If yes, has there been any permanent anatomical defect and/or impairment of functions as a result of this occupational disease? If yes, describe in detail and substantiate by special reports when necessary. Yes No

I certify that I have by examination of the employee satisfied myself of the above-mentioned facts.

Signature Registered address with HPCSA:
 (Medical Practitioner):
 Name (printed)
 Qualifications: Code:
 Practice number Date (important)

- IMPORTANT**
- All questions must be answered in full (use extra paper if necessary).
 - The form be forwarded to the employer who will send it to the Compensation Commissioner
 - Please submit medical accounts separately. Attach a copy of this report to your account.
 - It is advisable to consult the Compensation Commissioner's Guideline for Managing Work-Related Upper Limb Disorder's before completing this report.
 - The employer must submit a copy of this report to the Provincial Executive Manager of the Department of Labour (Occupational Health and Safety Act) or the Regional Principal Inspector of Mines (Mine Health and Safety Act).
 - A Progress Medical Report (W.Cl.302) must be submitted by the employer on a monthly basis to the Compensation Commissioner or Mutual Association of employer individually liable, as the case may be until the employee's condition become stabilised, when a Final Medical Report (W.Cl.5) should be submitted.